

WELCOME TO YOUR RESPIMAT QUICK START GUIDE

READ THESE INSTRUCTIONS BEFORE USE: Follow the 4 steps below to assemble and prepare your inhaler. Then your inhaler is ready for daily use.

START HERE ASSEMBLE

1 LABEL YOUR DISCARD BY DATE



safety catch button

clear base

- Press the safety catch button while firmly pulling the clear base straight off with your other hand. Be careful not to touch the piercing element



- Write the discard by date on the label (3 months from today's date)

Want to follow along with a video? Go to www.themist.com

2 LOAD YOUR MEDICATION



- Insert the narrow end of your medication cartridge into the inhaler



- Place the inhaler on a flat surface, and push down firmly until it clicks into place



- Replace the clear base by aligning the notch with the safety catch button, and slide together until it clicks

PREPARE

3 PREPARE YOUR INHALER



- With the cap closed, turn the clear base in the direction of the arrows on the label until it clicks (half a turn)



- Push up on the small, circular opening tab until the cap snaps fully open

If you would like more help, call 1-800-542-6257

4 SPRAY 4 MISTS



- With the inhaler pointed toward the ground, press the dose-release button. Look for a mist

Don't see a mist?

Repeat steps 3 & 4 until you see a mist

- Repeat steps 3 & 4 until 4 visible mists have been dispensed

You must see 4 mists before continuing to daily use

NOW YOUR INHALER IS READY FOR DAILY USE

For additional important information, see Instructions for Use enclosed in the medication box

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DAILY USE (TOP)

TURN

- With the cap closed, turn the clear base in the direction of the arrows on the label until it clicks (half a turn)



OPEN

- Open the hinged cap by pushing up on the small, circular tab until the cap snaps fully open



PRESS

- Breathe out slowly and fully. Close your lips around the mouthpiece without covering the air vents
- Point the inhaler to the back of your throat. While taking a slow, deep breath through your mouth, press the dark gray dose-release button and continue to breathe in
- Hold your breath for 10 seconds or for as long as comfortable



Repeat Turn, Open, Press (TOP) for your prescribed dosage.
Close the cap until you use your inhaler again.

FREQUENTLY ASKED QUESTIONS

I CANNOT PRESS THE DOSE-RELEASE BUTTON

Did you turn the clear base?

If not, turn the base continuously until it clicks (half a turn).

Is the dose indicator pointing to 0?

- The RESPIMAT inhaler is locked after the labeled number of puffs have been used
- Prepare to use your new RESPIMAT inhaler

MY RESPIMAT DOESN'T SPRAY

Did you repeat Turn, Open, Press (TOP) less than 3 times after inserting the cartridge?

- If not, be sure to repeat Turn, Open, Press (TOP) 3 times after inserting the cartridge
- Refer to steps 3 & 4 shown under the "Prepare" section

For more answers, refer to the Instructions for Use inside your medication box

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COMPONENTS

